

DOKAN KARATE ASSOCIATION and ICHIBAN KARATE ARE PLEASED TO HOST THE NEW NORTHERN LEAGUE. READ ON FOR DETAILS.



DOKAN NORTHERN LEAGUE 2024.



Date : Sunday 21 April 2024

Doors Open at 8:00 am. Competition starts 9.00am.

DOKAN KARATE ASSOCIATION GRASSROOTS KARATE TOURNAMENT

JOHN CHARLES CENTRE FOR SPORT, MIDDLETON GROVE, BELLE ISLE, LEEDS LS11 5DJ

CATEGORIES IN BOTH KATA AND KUMITE TO SUIT MOST AGES AND GRADES. MULTIPLE TEAM AND PAIRS CATEGORIES

BEAUTIFUL MEDALS & TROPHIES

ORGANISER KYLIE GREEFF – Ichiban Karate

£15 – Individual Entries

£24 – Teams

£16- Pairs

Spectators - £6 (12 yrs plus)

Spectators(5-11yrs) - £3

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Please note. This Championships is invite only to members of all federations that are friends of Dokan. Licence checks may be carried out on the day and competitors are reminded that a valid licence must be presented upon request of the organising body or its representative; failure to do so may result in entry being denied.

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The Dokan Karate Association Northern League – Yorkshire - CATEGORIES.

KATA

Cat #	Male Individual Kata	Grade	Cat #	Female Individual Kata	Rules	Repeat?
KA1	6 years and under	Open	KA2	6 years and under	Khion kata / Heian kata only	Yes
KA3	7-8 years	Upto 8th kyu	KA4	7-8 years	Khion kata / Heian kata only	Yes
KA5	7-8 years	7th -4th kyu	KA6	7-8 years	Heian kata only	Yes
KA7	7-8 years	3rd kyu above	KA8	7-8 years	Heian Kata 1st Round then any kata	Yes
KA9	9 - 10 years	Upto 8th kyu	KA10	9 - 10 years	Khion kata / Heian kata only	Yes
KA11	9-10 years	7th -4th kyu	KA12	9 - 10 years	Heian kata only	Yes
KA13	9-10 years	3rd Kyu Above	KA14	9 - 10 years	Heian Kata 1st Round then any kata	No
KA15	11-12 years	Upto 8th kyu	KA16	11-12 years	Khion kata / Heian kata only	Yes
KA17	11-12 years	7th -4th kyu	KA18	11-12 years	Heian kata only	Yes
KA19	11-12 years	3rd Kyu Above	KA20	11-12 years	Heian Kata 1st Round then any kata	No
KA21	13-17 years	4th kyu below	KA22	13-17 years	Khion kata / Heian kata only	Yes
KA23	13-17 years	3rd Kyu Above	KA24	13-17 years	Any Kata	No
KA25	18 yrs +	4th kyu below	KA26	18 yrs +	Heian Kata 1st Round then any kata	yes
KA27	18 yrs +	3rd Kyu Above	KA28	18 yrs +	Any Kata	No

Pairs Kata

Cat #	Male	Grade	Cat #	Female	Rules	Repeat?
PKA1	10 yrs and under Mixed	Open	PKA1	10 yrs and under Mixed	Any Kata	Yes
PKA2	11-14yrs Mixed	Open	PKA2	11-14yrs Mixed	Any Kata	Yes
PKA3	15 years + Male	Open	PKA4	15 years + Female	Any Kata	Yes

Team Kata

Cat #	Male	Grade	Cat #	Female	Rules	Repeat?
TKA1	10 yrs and under Mixed	Open	TKA1	10 yrs and under Mixed	Any Kata	Yes
TKA2	11-14yrs Mixed	Open	TKA2	11-14yrs Mixed	Any Kata	Yes
TKA3	15 years + Male	Open	TKA4	15 years + Female	Any Kata	Yes

Kumite

Kickmaster / Juraken

Cat #	Male	Grade	Cat #	Female
KM1	5 years below (MIXED)	Open	KM1	5 years below (MIXED)
KM2	6-7 years (MIXED)	Open	KM2	6-7 years (MIXED)
KM3	8-9 years	Open	KM4	8-9 years

Individual Kumite

Cat #	Male Kumite	Grade	Cat #	Female Kumite	Rules
KU1	4-5 years	Open	KU2	4-5 years	Headguard Mandatory, Shin & insteps and body guard optional. Blue, red or white mitts
KU3	6 years	Open	KU4	6 years	Headguard Mandatory, Shin & insteps and body guard optional. Blue, red or white mitts
KU5	7-8 years	up to 7th kyu	KU6	7-8 years	Headguard Mandatory, Shin & insteps and body guard optional. Blue, red or white mitts
KU7	7-8 years	6th kyu above	KU8	7-8 years	Headguard Mandatory, Shin & insteps and body guard optional. Blue, red or white mitts
KU9	9-10 years	up to 7th kyu	KU10	9-10 years	Headguard Mandatory, Shin & insteps and body guard optional. Blue, red or white mitts
KU11	9-10 years	6th kyu above	KU12	9-10 years	Headguard Mandatory, Shin & insteps and body guard optional. Blue, red or white mitts
KU13	11-12 years	4th kyu Below	KU14	11-12 years	Headguard Mandatory, Shin & insteps and body guard optional. Blue, red or white mitts
KU15	11-12 years	3rd kyu Above	KU16	11-12 years	Headguard Mandatory, Shin & insteps and body guard optional. Blue, red or white mitts
KU17	13-14 years	4th kyu Below	KU18	13-14 years	Gum guards, chest guards (girls), groin guards (boys) and shin and instep Mandatory. Red, White or blue mitts / shin and insteps allowed
KU19	13-14 years	3rd kyu Above	KU20	13-14 years	Gum guards, chest guards (girls), groin guards (boys) and shin and instep Mandatory. Red, White or blue mitts / shin and insteps allowed
KU21	15-17 years	4th kyu Below	KU22	15-17 years	Gum guards, chest guards (girls), groin guards (boys) and shin and instep Mandatory. Red, White or blue mitts / shin and insteps allowed
KU23	15-17 years	3rd kyu Above	KU24	15-17 years	Gum guards, chest guards (girls), groin guards (boys) and shin and instep Mandatory. Red, White or blue mitts / shin and insteps allowed
KU25	18 -35 years	4th kyu Below	KU26	18 -35 years	Gum guards, chest guards (girls), groin guards (boys) and shin and instep Mandatory. Red, White or blue mitts / shin and insteps allowed
KU27	18 -35 years	3rd kyu Above	KU28	18 -35 years	Gum guards, chest guards (girls), groin guards (boys) and shin and instep Mandatory. Red, White or blue mitts / shin and insteps allowed
KU29	36 years +	Open	KU30	36 years +	Gum guards, chest guards (girls), groin guards (boys) and shin and instep Mandatory. Red, White or blue mitts / shin and insteps allowed

Cat #	Male	Grade	Cat #	Female	Rules
TKU1	8 years and under	Open	TKU2	8 years and under	Headguard Mandatory, Shin & insteps and body guard optional. Blue, red or white mitts
TKU3	9-10 Years	Open	TKU4	9-10 Years	Headguard Mandatory, Shin & insteps and body guard optional. Blue, red or white mitts
TKU5	11-12 years	Open	TKU6	11-12 years	Headguard Mandatory, Shin & insteps and body guard optional. Blue, red or white mitts
TKU7	13-15 years	Open	TKU8	13-15 years	Gum guards, chest guards (girls), groin guards (boys) and shin and instep Mandatory. Red, White or blue mitts / shin and insteps allowed
TKU9	16-17 years	Open	TKU10	16-17 years	Gum guards, chest guards (girls), groin guards (boys) and shin and instep Mandatory. Red, White or blue mitts / shin and insteps allowed
TKU11	18yrs +	Open	TKU12	18yrs +	Gum guards, chest guards (girls), groin guards (boys) and shin and instep Mandatory. Red, White or blue mitts / shin and insteps allowed

The Dokan Northern League is a series of four grassroots competitions throughout the year, with two being held in the North East and two in Yorkshire. The aim of the league is to promote grassroots karate development and provide a stepping stone into larger competitions. The categories are designed round children and novice starters, but also offer high grades opportunities to compete locally.

League Rules

A database is kept of every entry from every club and a point system put into place. A win (gold) is 3 points, a silver two points and bronze one point. These points are awarded to the club and an individual tally will also be kept. We will have a league table that carries on through all four tournaments and at the final comp the most successful club will be crowned Northern League Champion. Entries should be made under individual clubs rather than associations.

In addition to the Club Champion, there will also be a most successful kata trophy and most successful individual trophy for the students that amass the most points in the respective disciplines. These are individual points there will be no personal points for teams.

Entry Fees

£15 per individual category

£16 per pairs division

£24 per team

Spectators

£6 entry on the door

£3 5-11 yrs spectator

U5yrs free

1 free coach's pass for every 7 students entered.

General

- Entry forms must be signed by the official Club coach only. Entry forms without a signed declaration will not be permitted to take part in the championships.
- Cost of entries: All Individuals £15 per event, Team Kumite & Team Kata cost £24 per team. Paris Kata £16 per team/pair. Check category list for the correct category number.
- The minimum number of competitors per event category and the cancellation of events is at the discretion of the organisers.
- Full amount to be sent with entry form, by 7 April 2024. No entries on the day.
- Only the official coach on duty that day may approach the control table for any queries, competitors all spectators must go via their coach for information.
- Spectator's entry fees are £5 and £3 which you pay at the Spectators entrance where you will receive a wristband. Spectators must not pose has coaches and must not be on the control side of the areas.
- All Students who are competing must be fully insured by their association and must have their licences at hand to be checked on the day if required.
- ENTERING UP in individual EVENTS is not allowed. There is a point system in place.
- KATA competitors will NOT be allowed to enter up. You enter one individual kata event only.
- KUMITE competitors will NOT be allowed to enter up one age group above their own.
- In team kata or team kumite a younger student can join a category above their age. Older competitors cannot make up a category below their age.
- All competitors should be aware that the events are run to rules based on WUKF. Slight amendments by the Organisers and Chief Referee may be necessary for a safe running of the championships.
- Any spectator/competitor or coach infringing the above rules will be asked to leave the sports hall, no refund will be given, and the name of the club concerned will be reported to their association Executive. Shikkaku may be invoked when a contestant or delegations act in a way which harms the prestige and honour of Karate-do. We do try to run events to time but unfortunately all competitions do experience slight problems. Your help and attention are needed on all the above points, so everyone may enjoy a safe and enjoyable day.
- This competition is hosted by Ichiban Karate, part of Dokan Karate Association based on WUKF rules, our referees and judges will be doing their best to ensure the day is ran in a fair and friendly manner and a bit consideration should be shown towards them. We have some apprentice judges helping out on the tatamis.

WUKF RULES CAN BE FOUND ONLINE
WWW.WUKF--KARATE.ORG

Rules of Kata And Kumite

Summary of rules for the tournament that have been created using WUKF guidelines. But do not adhere strictly to them, please be aware there are variations, mostly in kata.

Kumite

SHOBU SANBON and SHOBU NIHON Kumite events WILL be used from WUKF system.

In an effort to explain the scoring system, if time is not an issue & dependant on the event, (IPPON, SANBON or NIHON), then the bout is terminated when the score reaches 1 IPPON, or 3 IPPONS or 2 IPPONS. In all events, the highest maximum individual score that can be given at any one time is IPPON. The lowest score that can be given is a WAZA-ARI., also the table scoring system has been adopted from WUKF, whereby a WAZA-ARI. = 1 point & an IPPON. = 2 points (on the score boards).

All Kumite events will be run with a Referee, flag judges or Mirror Judge & Arbitrator. Arbitrator can assist in the decision-making process.

Competitors will wear a RED belt (AKA) & WHITE or blue belt (SHIRO) to identify themselves during the Kumite events. All competitors 12 and under MUST wear a headguard. All competitors 13 yrs plus MUST wear a gum guard. Shin & Foot protection are mandatory in categories 13 years plus and are recommended in 12 years and under. Hand mitts MUST be worn (and be the same colour as the belt i.e. red or white or blue). Blue can be used in place of White for Kumite equipment, but not the belt. Chest guards for females 13 yrs plus, and groin guards for males 13 years plus are compulsory.

Kata events will run as per the POINTS system. Round 1 will be scored from 5.0 to 7.0 (average 6.0). Round 2 will be scored from 6.0 to 8.0 (average 7.0). Round 3 (final round) will be scored from 7.0 to 9.0 (average 8.0).

Rules regarding number of kata IE 2 kata alternate etc are on the entry forms.

Kumite Bouts

CHILDRENS KUMITE – AGE 12 AND BELOW

Shobu Nihon – 1 Minute 30 Seconds

CONTACT = Light touch contact to the head will be allowed at the referee's discretion.

Protective Equipment – Mandatory

- Headguard
- Red, white/blue mitts. No elasticated white mitts. No Ippon mitts inn sanbon

Advised

- Bodyguard
- Shin and insteps
- Groin guard (males)

Shobu Sanbon (13yrs plus) - Shobu Sanbon – 2 Minutes

Protective Equipment – Mandatory

- Gum guard
- Red, white/blue mitts. No elasticated white mitts. No Ippon mitts inn sanbon
- Shin and insteps
- Chest guard – females 13yrs plus
- Groin Guards – Males 13yrs plus

KATA Rules

All Kata Events will be 2 Rounds, unless there are too few entries – The top 6 competitors will make it into the 2nd round.

Check the entry form front page for more details. = Heian / pinan kata only etc. Competitors can make mix kata styles.

KATA EVENTS 3RD KYU & ABOVE

ANY KATA / ANY STYLE

3rd KYU & Above – Over 13 No Repeating even in the event of a tie break. Under 13 you can use a three kata rotation.

PAIRS & TEAM KATA –

Any kata can repeat

THERE IS A CAP ON ENTRIES. ONCE THE LIMIT IS REACHED THE COMPETITION WILL BE CLOSED TO FURTHER ENTRIES REGARDLESS OF THE DATE.

PLEASE GET YOUR ENTRIES IN QUICKLY TO AVOID ANY DISAPPOINTMENT.

Categories may be merged or cancelled if there are too few entries. Likewise make sure you add age, grade and height or weight to the entry forms as I sections with too many competitors may also be split.

There will be no sections with more than 32 competitors.

Entry Forms

Club Name	
Association	
Style	
Address	
Contact Name	
Tel No.s	
e-mail address	

I confirm that all the competitors entered on these sheets have received my advice of and accept the following statement:

"The competitor realises and discharges the organisers and their representatives or agents and all other competitors from all claims that the competitor or his personal representative may have for any injury (however caused) sustained by the competitor and for the loss or damage (however caused) to his personal belongings suffered at any time during the course of the championships or while on the premises at which the championships are being held".

SIGNED BY COACH.....

COACH PRINT.....

Entries to be returned to the Organiser no later than Sunday 7th of April.

Club competitor entry sheet.

Please ensure Category number is in the correct column. Please Submit as Excel sheet.

Students name	Kata	Kumite	Juruken /kickmaster	Team kata	Pairs kata	Team kumite	Grade	Age	Height (12yrs below)	Weight (13yrs plus)

PLEASE ADD HEIGHT & WEIGHT FOR ALL COMPETITORS OVER THE AGE OF NINE, IN KUMITE SECTIONS ONLY. THESE MAY BE SPLIT IF SOME SECTIONS ARE OVER SUBSCRIBED.

Club Team entry sheet.

Team Kata

Cat no Team name Student 1 Student 2 Student 3

Pairs Kata

Cat no **Team name** **Student 1** **Student 2**

Team Kumite

Cat no **Team name** **Student 1** **Student 2** **Student 3**

Entry Fees and Payment Details

**Individual £15. Teams £24 Pairs £16
spectators £6. Children under 12 £3. Under 5's free.**

Please EMAIL all entries in excel format as above to zetsurinleeds@gmail.com

No Cheques Accepted.

Bank details for payment by BACS:
Please reference under your name / Club / Association

Account Name	Account Number	Sort Code	REF
Ichiban Karate Leeds	66665262	30-98-97	Club Name